



Lets
change4life

FREE training on tackling childhood obesity in you school!

As part of Sheffield Lets Change4Life project, leading expert Professor Paul Gately Director of Carnegie Weight Management will be conducting FREE 1.5 hour training & awareness sessions on childhood obesity specifically for school staff. Spaces are limited so book now!

What our previous delegates had to say:

Excellent

Gained lots of understanding about everyday eating and calorie intake

An eye opener to what obesity is and where it is going

Very informative and worth seeing

When: Wednesday 6th October

Wednesday 20th October

Wednesday 24th November

Where: Venues to be confirmed in September

Time: All sessions will run between 4:30 and 6pm

For more information or to register for this event please contact

jayne.allen@sheffieldpct.nhs.uk

Also visit www.sheffieldc4l.org.uk for further information.

